



The Long Island Stretch

Publication of the

Tall Club of Long Island

tall.org/tall-club-of-long-island.html **SEPTEMBER` 2025** TallClubOfLongIsland@gmail.com

From the desk of The Prez



I'm writing this on Labor Day . . . which is the unofficial end of summer. We have already seen some effects of the change of season. For the record . . . I hate waking up in the dark. When my eyes open I think I should be turning over and going back to sleep. But noooooo, I need to get up and get ready for work. I do not like this. When are the people in charge going to wake up and stop changing the clocks? Maybe we can vote on it?

Next week , on September 7th is our Monthly Luncheon at The Clam Bar at Point Lookout. Fish is great here. If you are not into fish . . there are other options for you. There is something for everyone.

I would like all to Save The Date, December 6th. This is when we will have our annual Holiday Luncheon. We are considering going back to The Embassy in Bethpage. Do you have another suggestion? If you do, please let me know by EOM (end of the month). Decision will be made on October 1st.

Take care of yourself and those you care about.

Arlene

TCLI Calendar SEPTEMBER 2025

FRI SEP 5 FIRST FRIDAY – TCNYC 7:00 PM



Join NYC Tall Club at the Beer Authority - 300 W 40th St, (BET 8 + 9 Aves, New York - Enter and head upstairs for craft beers (over 60 on tap) served at a convenient location. (Across from Port Authority Bus Terminal.) Join us for conversation over a beer. (We can check out the rooftop, but it may not be open.) Also, the 8th Avenue windows view is fun. LOOK FOR US – If sunny and warm enough - on the roof OR if raining - at the 2nd Floor bar (at top of stairs). RSVP TO <mailto:RSVP@tallny.org> to make sure there are no changes to this event.

SUN SEP 7 LUNCH @ THE CLAM BAR @ POINT LOOKOUT - 1 PM



The Point Lookout Clam Bar at 99 Bayside Drive has great food and scenic views of Reynolds Channel. TCLI always has a fun time here. Interested? Call/text 516-474-6405 to RSVP with Brian. This is an open event.

TUES SEP 30 BOARD – MEETING @ GOLDEN REEF 7:00 PM



We welcome you to join the TCLI Executive Board at The Golden Reef Diner, 329 Sunrise +Highway, Rockville Centre, NY 11570. Diner phone 516-764-9273. All members + guests are invited to give their input for what events TCLI will put on our social calendar. ***CALL/TEXT Arlene at 718-843-2623 to let us know you will be there.***



I can honestly say this was the best lunch I had at Salvatore's of Elmont. As always, the portions were generous and delicious. Once again, glasses of wine, pizza bites, garlic knots and zeppole's were — here comes my favorite adjective, folks — free. What a deal!

Well, why do I say this was the best lunch I had here? Alan, Eleanor's friend, joined us. He was at our lunch last month at Sonny's Canal House; it was great to see him again. Also, everybody made Steve, a newcomer, feel very welcomed. Steve grew up in New Hyde Park and resides in Mineola. No one dominated the conversation, and everybody took turns to talk. The banter was friendly and lively.

Indeed, a great time was had by all. I'm glad to share the news that Steve plans to join us at our September lunch. See the separate FB post for details.

Brian



TCLI MEMBERSHIP REQUIREMENTS

Women be at least 5'10" and men must be at least 6'2" in stocking feet.

The minimum age is 21 years, legal drinking age in NY State. Prospects may apply at a monthly social for membership, or at an event. Initial membership is prorated. Dues are \$36 per person (\$52 married couples) payable at time of membership, annually on January 1st thereafter. **FEE FOR ATTENDING AN EVENT/SOCIAL FOR NON-MEMBERS AND PROSPECTS IS \$5.00, MEMBERS FREE.**

Prospects receive the newsletter for three months.

TCLI Webpage - under construction

TCLI Email- TallClubOfLongIsland@gmail.com

2025 EXECUTIVE BOARD & COMMITTEES

<u>President</u> Arlene Krinsky 718-843-2623 ARLENE18th@GMAIL.COM	<u>Vice-President</u> Bruce Weiss 516-972-4183 BCWYICE@GMAIL.COM	<u>Treasurer</u> Linda Garnett 631-650-1688 LINDA.GARNETT34@GMAIL.COM	<u>Secretary</u> OPEN	
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TCLI had a nice lunch at Sonny's Canal House. I was hoping to get a table on the glass-enclosed patio, which has a scenic view of the canal. Alas, the patio was reserved for a kid's birthday party. TCLI goes with the flow, so we ate inside. Topics of conversation included the recent TCI convention in Grand Rapids; it was a fun time for all. The food was delicious; the portions, very generous. Everybody welcomed Eleanor's friend, Alan.

Cheers to 80 Years!

1946 - 2026

Celebrate Paramount Tall Club of Chicago

January 29 - February 1, 2026

Hotel Information:
Marriott SpringHill Suites
Chicago O'Hare
8101 W Higgins Rd.
Chicago, IL
773-867-0000

\$122 per room per night
Rate: 1-4 people
Includes Breakfast
Free O'Hare Shuttle
Free Parking
Pool

Room Block Available
until Jan. 15, 2026
[SpringHill Marriott](#)
PTCPTCA for a King Room
PTCPTCB for 2 Queen Room

**Celebrating Paramount Tall Club
Weekend Themes**
Choose your costume from
weekends past!

Weekend Package Pricing:
\$120 postmarked by Dec 8, 2025
\$130 postmarked by Jan 8, 2026
\$140 postmarked after Jan 8, 2026

****Pay before Dec 8, 2025
to be eligible to win a
FREE weekend package****

Thursday Night:
Activity to be Decided

Friday Night: Costume Party
Open Bar
Music & Dancing
Afterhours Food & Drinks

Saturday Night:
Semi-Formal
Cocktail Hour, Photos
Buffet Dinner, Open Bar
Music & Dancing
Afterhours Food & Drinks

Bring CASH for Raffle

2026 Weekend Chair: Barbara Smith – Chicagotallweekend@gmail.com		www.tallclubchicago.org
Registration Chair: Jim Nelson – jnelson1225@cs.com 847-421-2049		
Registration Details: A non-refundable deposit of \$70 (US Funds) is due with each registration to save your package rate. Send this form and the deposit (for each registration) to Jim Nelson at 6959 W. Hobart, Chicago, IL 60631. Please make checks payable to <u>Paramount Tall Club of Chicago</u> .		
Name(s): _____	O Full Pkg Deposit: \$70 O Thurs. Night Dep. \$30	
Email: _____	Cell Phone: _____	
Do you require a Vegetarian Dinner? Y or N _____	Club Name: _____	

Cental Arizona Tall Society Presents...



FLIP FLOPS & TALL TOPS

ARIZONA CHILL FEST

Where the shorts are short
and the legs are long!



April 30, 2026 - May 3, 2026

CATS invites you to a "chill fest" gathering where you can do as little as you want or as much as you can handle.

OUR HOTEL

Holiday Inn Express & Suites Phoenix - Glendale Sports District.
9310 W Cabela Drive, Glendale, Arizona, United States

\$139 for two doubles or a king

\$149 for a king suite (limited number available)

includes breakfast & free parking

Room rate valid for two days before and two days after!

24-hour cancellation policy

Block held until March 30, 2026.

CLICK HERE >

[Phoenix Hotel Booking Link](#)



TENTATIVE AGENDA

Friday Group Event @ [PopStroke Glendale](#) | Eat. Putt. Drink.

Mini Golf, Full-Service Restaurant, Ice Cream Parlor, Rooftop Bar and more!

Saturday Afternoon we'll head to [Glendale - Chicken N Pickle](#)

An indoor/outdoor entertainment complex that includes a casual, chef-driven restaurant and sports bar that boasts pickleball courts, a variety of yard games (think cornhole, ping pong and more) and enough space to kick back and relax with your favorite peeps.

Saturday Night: BBQ / location TBD

THINGS TO DO

[Desert Diamond Casinos - West Valley](#)

[Westgate Entertainment District - Where Fun Happens](#)

YOUR HOSTS

Ellen Bayer: ebratpack3@gmail.com

Mary Elemen: elemen5555@sbcglobal.com



Please email your hosts if you intend to go.

Headcounts are needed for planning purposes





Know the signs. Fight for victory.

The Marfan Foundation

Marfan syndrome is a genetic disorder that affects the body's connective tissue. Connective tissue holds all the body's cells, organs and tissue together. It also plays an important role in helping the body grow and develop properly. About 1 in 5,000 people have Marfan syndrome, including men and women of all races and ethnic groups. Every person's experience with Marfan syndrome is slightly different. No one has every feature and people have different combinations of features. Some features of Marfan syndrome are easier to see than others. These include: long arms, legs and fingers, tall and thin body type, curved spine, chest sinks in or sticks out, flexible joints, flat feet, crowded teeth, and stretch marks on the skin that are not related to weight gain or loss. Harder-to-detect signs of Marfan syndrome include heart problems, especially those related to the aorta, the large blood vessel that carries blood away from the heart to the rest of the body. Other signs can include sudden lung collapse and eye problems, including severe nearsightedness, dislocated lens, detached retina, early glaucoma, and early cataracts. Special tests are often needed to detect these features.

Knowing the signs of Marfan syndrome can save lives. Medical experts estimate that nearly half the people who have Marfan syndrome don't know it. This is something The Marfan Foundation is working hard to change.

TALL CLUB OF LONG ISLAND
PO Box 1653
Valley Stream, NY 11582-1653

Women 5'10"+ & Men 6'2"+
Call / Text 718-843-2623



SEPTEMBER 2025

